



2008-2009 McGill Cross Country and Track & Field Schedule
(Final)

Cross Country

Sat	Sep 13	McGill Open	Montreal, QC
Sat	Sep 20 (Fri-07:00)	UWO International	London, ON
Sat	Sep 27 (Sat-08:00)	Sherbrooke Open	Sherbrooke, QC
Sat	Oct 4	No Competition	
Sat	Oct 11 (Sat-08:00)	U Laval Open	Quebec, QC
Sat	Oct 18	No Competition	
Sat	Oct 25 (Sat-09:00)	QSSF Champs	St. Gabriel de Brandon
Sat	Nov 1	No Competition	
Sat	Nov 8 (Fri-10:00)	CIS Champs/ U Laval	Quebec, QC

Track and Field

Sat	Nov 29	McGill Open I	Tomlinson Fieldhouse
Sat	Dec 13	Montreal Open	Tomlinson Fieldhouse
Sat	Jan 17 (Sat-08:00)	Vert et Or Open	Sherbrooke, QC
Fri	Jan 23 (Fri-12:00)	Tri-Meet @ U Vermont	Burlington, Vermont
F/S	Jan 30/31	McGill Team Challenge	Tomlinson Fieldhouse
Sat	Feb 7 (Sat-9:00)	Ottawa Winter National	Ottawa, ON
F/S	Feb13/14 (Fri-7:00)	BU Valentine Invitation	Boston, MA
Sat	Feb 21	McGill Open II	Tomlinson Fieldhouse
Sat	Feb 23-27	Study Week	
Sat/Sun	Feb 28/Mar 1	QSSF Champs/ U Laval	PEPS, Quebec
Thu/Fri/Sat	Mar 12/13/14	CIS Champs/ Windsor	Windsor, ON

() Represents Departure Time