



2009-2010 McGill Cross Country and Track & Field Schedule

Cross Country

Sat	Sep 19	McGill Open	Montreal, QC
Sat	Sep 26 (Fri-07:00)	UWO International	London, ON
Sat	Oct 3 (Sat-08:00)	Sherbrooke Open	Sherbrooke, QC
Sat	Oct 10 (No McGill)	U Laval Open	Quebec, QC
Sat	Oct 17	Interlock Meet (UNB)	Fredericton, NB
Sat	Oct 24 (No meet)		
Sat	OCT 31	QSSF Champs	
Sat	Nov 14 (Fri-10:00)	CIS Champs/ Queen's	Kingston, ON

Track and Field

Sat	Nov 27	Red/Garnett/Gold	Ottawa, ON
Sat	Dec 5	McGill Open I	Tomlinson Fieldhouse
Sat	Dec 19	Montreal Open	Tomlinson Fieldhouse
Sat	Jan 16 (Sat-07:00)	Vert et Or Open	Sherbrooke, QC
Fri	Jan 22 (Fri-12:00)	U Laval Open(TBC)	Quebec, QC
F/S	Jan 29/30	McGill Team Challenge	Tomlinson Fieldhouse
F/S	Feb 5/6	NB Collegiate Invitational	Armory, NY
Sat	Feb13	Ottawa Winter National	Ottawa, ON
Fri	Feb 19	McGill Open II	Tomlinson Fieldhouse
Sat	Feb 21-27	Study Week	
S/S	Feb 27/28	QSSF Champs/ McGill	Montreal, QC
T/F/S	Mar 11/12/13 (Depart Wed Mar 10)	CIS Champs/ Windsor	Windsor, ON

() Represents Departure Time