

11/9/2008

**2008 CIS Championships 29th Women's & 46th Men's  
Plaines d'Abraham, Quebec City  
Saturday 8-Nov-08**

11/08/2008 - 11/08/2008

**Event # 2 MENS 10K Run**

START: 1:40pm

Conditions:drizzle, wind 27kph, 5°

COURSE RECORD:Geoff Kerr U. Calgary :32:00.00 11-Nov-06

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	GUELPH GRYPHONS	27	1-2-4-6-14	21-45
2	ST. FX X-MEN	108	3-19-23-31-32	46-77
3	WINDSOR LANCERS	124	12-15-28-33-36	48
4	TORONTO VARSITY BLUE	146	11-17-18-42-58	63-84
5	CALGARY DINOS	150	5-8-34-51-52	62-64
6	WESTERN MUSTANGS	172	10-22-43-47-50	59-60
7	VICTORIA VIKES	172	7-9-24-61-71	86
8	SHERBROOKE VERT OR	205	26-27-30-40-82	87-89
9	MANITOBA BISONS	231	25-29-53-57-67	69-72
10	ALBERTA GOLDEN BEARS	231	13-39-54-55-70	78-81
11	MCMASTER MARAUDERS	246	20-41-44-66-75	80-85
12	LAVAL ROUGE ET OR	250	16-37-56-68-73	90-91
13	MCGILL REDMEN	320	35-49-65-83-88	
14	UNB VARSITY REDS	373	38-74-76-92-93	
15	CONCORDIA STINGERS	461	79-94-95-96-97	

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	TIME
1	1	204	Matt Brunsting		E4	GUELPH GRYPHONS	1	32:08
2	2	201	Kyle Boorsma		E3	GUELPH GRYPHONS	2	32:14
3	3	217	David Gerych		E3	ST. FX X-MEN	1	32:20
4	4	202	Allan Brett		E2	GUELPH GRYPHONS	3	32:26
5	5	246	Nyial Majock		R	CALGARY DINOS	1	32:29
6	6	207	Derek Snider		E5	GUELPH GRYPHONS	4	32:33
7	7	234	Geoff Martinson		E5	VICTORIA VIKES	1	32:43
8	8	245	Gavin Hamilton		E1	CALGARY DINOS	2	32:47
9	9	233	Johannes Mallie		E4	VICTORIA VIKES	2	32:49
10	10	226	Kyle O'Neill		E2	WESTERN MUSTANGS	1	33:00
11	11	251	Etienne Bredin		E5	TORONTO VARSITY BLUE	1	33:07
12		308	Russell Christie		E3	DALHOUSIE	1	33:11
13	12	213	Matt Sinclair		E3	WINDSOR LANCERS	1	33:12
14	13	275	Jamie Weikum		E2	ALBERTA GOLDEN BEARS	1	33:14
15	14	206	Josh Roundell		E5	GUELPH GRYPHONS	5	33:16
16	15	210	Adam Kellar		E3	WINDSOR LANCERS	2	33:18
17	16	283	Samuel Blanchette		E2	LAVAL ROUGE ET OR	1	33:20
18	17	252	Mike Delmonte		E3	TORONTO VARSITY BLUE	2	33:21
19	18	250	Jeff Barr		E5	TORONTO VARSITY BLUE	3	33:24
20	19	219	Lee McCarron		E3	ST. FX X-MEN	2	33:27
21	20	257	Laurence Abbott		E3	MCMASTER MARAUDERS	1	33:28
22	21	205	Rob Jackson		R	GUELPH GRYPHONS	6	33:29
23	22	225	Will Komer		E2	WESTERN MUSTANGS	2	33:29
24	23	216	Petr Doubravsky		E1	ST. FX X-MEN	3	33:32
25	24	230	Cliiford Childs		E2	VICTORIA VIKES	3	33:35

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26	25	290	Desire Budigoma	E2	MANITOBA BISONS	1	33:35
27	26	242	James Poulin-Cadovuis	E3	SHERBROOKE VERT OR	1	33:37
28	27	239	Alex Genest	E3	SHERBROOKE VERT OR	2	33:39
29	28	209	Mark Henshaw	R	WINDSOR LANCERS	3	33:40
30	29	291	Paul Carr	E4	MANITOBA BISONS	2	33:42
31		268	Dale Wig	E3	REGINA COUGARS	1	33:46
32	30	236	Ferdinand Buzingo	E3	SHERBROOKE VERT OR	3	33:47
33	31	221	Robert Winslow	E3	ST. FX X-MEN	4	33:47
34	32	215	Brent Addison	E3	ST. FX X-MEN	5	33:52
35	33	211	Alex Meyer	E4	WINDSOR LANCERS	4	33:54
36	34	248	Spencer Pootz	R	CALGARY DINOS	3	33:55
37	35	301	Graydon Snider	E2	MCGILL REDMEN	1	33:55
38	36	208	Phil Dalton	E3	WINDSOR LANCERS	5	33:55
39	37	288	Philippe Sylvestre	E5	LAVAL ROUGE ET OR	2	33:56
40	38	307	Matt Pieteron	E1	UNB VARSITY REDS	1	33:56
41	39	273	Francois Leboeuf	E2	ALBERTA GOLDEN BEARS	2	33:57
42	40	241	Simon Pierre Landry	E3	SHERBROOKE VERT OR	4	33:58
43	41	263	Cory McCurry	E2	MCMASTER MARAUDERS	2	34:00
44	42	254	Tyler Pettes	E2	TORONTO VARSITY BLUE	4	34:01
45	43	222	Ryan Armstrong	E2	WESTERN MUSTANGS	3	34:02
46	44	262	Jonathan Little	E5	MCMASTER MARAUDERS	3	34:03
47	45	203	Joe Brunsting	E4	GUELPH GRYPHONS	7	34:03
48	46	220	Daniel McNeil	E5	ST. FX X-MEN	6	34:05
49	47	228	Robbie Watson	E3	WESTERN MUSTANGS	4	34:06
50		265	Iain Fyfe	R	REGINA COUGARS	2	34:07
51	48	212	Nathan Reiter	E5	WINDSOR LANCERS	6	34:09
52	49	298	Alexander Duhault	R	MCGILL REDMEN	2	34:10
53	50	224	Scott Emberley	E4	WESTERN MUSTANGS	5	34:10
54	51	244	Travis Cummings	E5	CALGARY DINOS	4	34:10
55		311	Brad Orchard	E3	SAINT MARY'S	1	34:13
56	52	247	Scott Nicol	E3	CALGARY DINOS	5	34:14
57	53	289	Chris Belof	E4	MANITOBA BISONS	3	34:19
58	54	271	Joel Lauzon	E3	ALBERTA GOLDEN BEARS	3	34:20
59	55	270	Dylan Hackenbrook	E5	ALBERTA GOLDEN BEARS	4	34:20
60	56	284	Pier-Olivier Laflamme	E2	LAVAL ROUGE ET OR	3	34:23
61	57	293	Mitchell Man	E2	MANITOBA BISONS	4	34:23
62	58	253	Colin Murray-Lawson	E2	TORONTO VARSITY BLUE	5	34:25
63	59	227	Alexey Strokach	R	WESTERN MUSTANGS	6	34:27
64	60	223	Jeff Dill	R	WESTERN MUSTANGS	7	34:29
65	61	231	Tom Fleming	E2	VICTORIA VIKES	4	34:35
66	62	249	Matthew Spendiff	R	CALGARY DINOS	6	34:37
66	63	255	Josh Smith	E5	TORONTO VARSITY BLUE	6	34:37
66		318	Scott Takala	E4	TRENT	1	34:37
69		264	Eric Benjamin	E4	REGINA COUGARS	3	34:39
70	64	243	Neal Austin	E4	CALGARY DINOS	7	34:46
71	65	300	Ryan Ouckama	E5	MCGILL REDMEN	3	35:05
72	66	260	Noah Fleming	E3	MCMASTER MARAUDERS	4	35:07
73		309	Trevor Walmsley	E3	QUEEN'S	1	35:07
74	67	292	Joel Laurier	R	MANITOBA BISONS	5	35:11
75		314	Matthew Mazurik	E3	SASKATCHEWAN	1	35:12
76		312	Gerald Demers	E5	SAINT MARY'S	2	35:24
77	68	285	Dominic Michaud	E4	LAVAL ROUGE ET OR	4	35:29
78		317	Chris Hartman	E5	WATERLOO	1	35:33

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79		310	Josh Potvin	E2	QUEEN'S	2	35:33
80	69	295	Colin Shepherd	E2	MANITOBA BISONS	6	35:34
81	70	269	Cody Carver	E3	ALBERTA GOLDEN BEARS	5	35:38
82	71	232	Curtis Holt	R	VICTORIA VIKES	5	35:38
83	72	294	Adam Penner	E3	MANITOBA BISONS	7	35:39
84	73	286	Patrick Mottard	E5	LAVAL ROUGE ET OR	5	35:41
85	74	304	Derek Ferguson	E3	UNB VARSITY REDS	2	35:42
86	75	259	Andrew Douglas	E2	MCMASTER MARAUDERS	5	35:42
87	76	306	Shawn Miller	E3	UNB VARSITY REDS	3	35:50
88	77	218	Matt MacDonald	E1	ST. FX X-MEN	7	35:54
89		266	Scott Mitchell	E5	REGINA COUGARS	4	35:58
90		315	Stephane Gerard	E2	SASKATCHEWAN	2	36:00
91	78	274	Harry Moore	E2	ALBERTA GOLDEN BEARS	6	36:00
92	79	278	Sofiane Guend	E2	CONCORDIA STINGERS	1	36:07
93	80	258	Jamie Bruce	E4	MCMASTER MARAUDERS	6	36:13
94	81	272	Graeme Law	R	ALBERTA GOLDEN BEARS	7	36:18
95	82	240	Charles-Étienne Plourde	E3	SHERBROOKE VERT OR	5	36:21
96	83	299	Daniel Kramer	R	MCGILL REDMEN	4	36:23
97	84	256	Bart VanVeghel	E4	TORONTO VARSITY BLUE	7	36:23
98	85	261	Rob Gibb	E4	MCMASTER MARAUDERS	7	36:26
99		313	Jake Florian	E2	SAINT MARY'S	3	36:29
100	86	235	Darren Mazzei	E3	VICTORIA VIKES	6	36:59
101	87	238	Léopold Gahungu	E3	SHERBROOKE VERT OR	6	37:10
102	88	296	Maxime Bellemare	R	MCGILL REDMEN	5	37:11
103		316	Riley Magee	R	SASKATCHEWAN	3	37:28
104	89	237	Guillaume Fauteux Brault	E2	SHERBROOKE VERT OR	7	37:39
105	90	287	Mathieu Raymond	E2	LAVAL ROUGE ET OR	6	37:44
106	91	282	Jean-Francois Beaudoin-	E1	LAVAL ROUGE ET OR	7	37:46
107	92	302	Mike Bone	E3	UNB VARSITY REDS	4	38:26
108	93	305	Peter Gaudet	E2	UNB VARSITY REDS	5	40:34
109	94	279	Jean-Mark Laforest	R	CONCORDIA STINGERS	2	40:38
110	95	281	Valentin Robillard	R	CONCORDIA STINGERS	3	40:44
111	96	276	Steve Dorda	E2	CONCORDIA STINGERS	4	41:05
111	97	277	Nick Gossack	R	CONCORDIA STINGERS	5	41:05
		229	Sean Chester	E2	VICTORIA VIKES		DNF
		214	Dave Weston	E3	WINDSOR LANCERS		DNF
		297	Kenneth Douglas	E3	MCGILL REDMEN		DNF
		267	Kelly Wiebe	E2	REGINA COUGARS		DNF

See next pages for TEAM Stats

## 2008 CIS Championships 29th Women's &amp; 46th Men's

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**Team Statistics for: Event # 2 MENS 10K Run**

TEAM GUELPH GRYPHONS		SCORE: 27	PLACE: 1				
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Matt Brunsting		E4	204	32:08	3:13	5:11
2-2	Kyle Boorsma		E3	201	32:14	3:14	5:12
4-4	Allan Brett		E2	202	32:26	3:15	5:14
6-6	Derek Snider		E5	207	32:33	3:16	5:15
15-14	Josh Roundell		E5	206	33:16	3:20	5:22
22-21	Rob Jackson		R	205	33:29	3:21	5:24
47-45	Joe Brunsting		E4	203	34:03	3:25	5:29
<b>Top 5 Total Time:</b>		162:37	<b>Top 5 Average Time:</b>		32:32		
<b>Top 5 Average per KM:</b>		3:16	<b>Top 5 Average Per MILE:</b>		5:15		
<b>1 - 5 Split:</b>		1:08	<b>1 - 7 Split:</b>		1:55		
<b>Top 7 Total Time:</b>		230:09	<b>Top 7 Average Time:</b>		32:53		

TEAM ST. FX X-MEN		SCORE: 108	PLACE: 2				
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	David Gerych		E3	217	32:20	3:14	5:13
20-19	Lee McCarron		E3	219	33:27	3:21	5:23
24-23	Petr Doubravsky		E1	216	33:32	3:22	5:24
33-31	Robert Winslow		E3	221	33:47	3:23	5:27
34-32	Brent Addison		E3	215	33:52	3:24	5:28
48-46	Daniel McNeil		E5	220	34:05	3:25	5:30
88-77	Matt MacDonald		E1	218	35:54	3:36	5:47
<b>Top 5 Total Time:</b>		166:58	<b>Top 5 Average Time:</b>		33:24		
<b>Top 5 Average per KM:</b>		3:21	<b>Top 5 Average Per MILE:</b>		5:23		
<b>1 - 5 Split:</b>		1:32	<b>1 - 7 Split:</b>		3:34		
<b>Top 7 Total Time:</b>		236:57	<b>Top 7 Average Time:</b>		33:51		

TEAM WINDSOR LANCERS		SCORE: 124	PLACE: 3				
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-12	Matt Sinclair		E3	213	33:12	3:20	5:21
16-15	Adam Kellar		E3	210	33:18	3:20	5:22
29-28	Mark Henshaw		R	209	33:40	3:22	5:26
35-33	Alex Meyer		E4	211	33:54	3:24	5:28
38-36	Phil Dalton		E3	208	33:55	3:24	5:28
51-48	Nathan Reiter		E5	212	34:09	3:25	5:30
	Dave Weston		E3	214	DNF		
<b>Top 5 Total Time:</b>		167:59	<b>Top 5 Average Time:</b>		33:36		
<b>Top 5 Average per KM:</b>		3:22	<b>Top 5 Average Per MILE:</b>		5:25		
<b>1 - 5 Split:</b>		:43	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>				

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**Team Statistics for: Event # 2 MENS 10K Run****TEAM TORONTO VARSITY BLUE SCORE: 146 PLACE: 4**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Etienne Bredin		E5	251	33:07	3:19	5:20
18-17	Mike Delmonte		E3	252	33:21	3:21	5:23
19-18	Jeff Barr		E5	250	33:24	3:21	5:23
44-42	Tyler Pettes		E2	254	34:01	3:25	5:29
62-58	Colin Murray-Lawson		E2	253	34:25	3:27	5:33
66-63	Josh Smith		E5	255	34:37	3:28	5:35
97-84	Bart VanVeghel		E4	256	36:23	3:39	5:52
<b>Top 5 Total Time:</b>		168:18	<b>Top 5 Average Time:</b>		33:40		
<b>Top 5 Average per KM:</b>		3:22	<b>Top 5 Average Per MILE:</b>		5:26		
<b>1 - 5 Split:</b>		1:18	<b>1 - 7 Split:</b>		3:16		
<b>Top 7 Total Time:</b>		239:18	<b>Top 7 Average Time:</b>		34:12		

**TEAM CALGARY DINOS SCORE: 150 PLACE: 5**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Nyial Majock		R	246	32:29	3:15	5:14
8-8	Gavin Hamilton		E1	245	32:47	3:17	5:17
36-34	Spencer Pootz		R	248	33:55	3:24	5:28
54-51	Travis Cummings		E5	244	34:10	3:25	5:30
56-52	Scott Nicol		E3	247	34:14	3:26	5:31
66-62	Matthew Spendiff		R	249	34:37	3:28	5:35
70-64	Neal Austin		E4	243	34:46	3:29	5:36
<b>Top 5 Total Time:</b>		167:35	<b>Top 5 Average Time:</b>		33:31		
<b>Top 5 Average per KM:</b>		3:22	<b>Top 5 Average Per MILE:</b>		5:24		
<b>1 - 5 Split:</b>		1:45	<b>1 - 7 Split:</b>		2:17		
<b>Top 7 Total Time:</b>		236:58	<b>Top 7 Average Time:</b>		33:52		

**TEAM WESTERN MUSTANGS SCORE: 172 PLACE: 6**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Kyle O'Neill		E2	226	33:00	3:18	5:19
23-22	Will Komer		E2	225	33:29	3:21	5:24
45-43	Ryan Armstrong		E2	222	34:02	3:25	5:29
49-47	Robbie Watson		E3	228	34:06	3:25	5:30
53-50	Scott Emberley		E4	224	34:10	3:25	5:30
63-59	Alexey Strokach		R	227	34:27	3:27	5:33
64-60	Jeff Dill		R	223	34:29	3:27	5:33
<b>Top 5 Total Time:</b>		168:47	<b>Top 5 Average Time:</b>		33:46		
<b>Top 5 Average per KM:</b>		3:23	<b>Top 5 Average Per MILE:</b>		5:26		
<b>1 - 5 Split:</b>		1:10	<b>1 - 7 Split:</b>		1:29		
<b>Top 7 Total Time:</b>		237:43	<b>Top 7 Average Time:</b>		33:58		

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**Team Statistics for: Event # 2 MENS 10K Run**

TEAM VICTORIA VIKES		SCORE: 172		PLACE: 7			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-7	Geoff Martinson		E5	234	32:43	3:17	5:16
9-9	Johannes Mallie		E4	233	32:49	3:17	5:17
25-24	Clifford Childs		E2	230	33:35	3:22	5:25
65-61	Tom Fleming		E2	231	34:35	3:28	5:34
82-71	Curtis Holt		R	232	35:38	3:34	5:45
=====							
100-86	Darren Mazzei		E3	235	36:59	3:42	5:58
	Sean Chester		E2	229	DNF		
=====							
<b>Top 5 Total Time:</b>		169:20		<b>Top 5 Average Time:</b>		33:52	
<b>Top 5 Average per KM:</b>		3:24		<b>Top 5 Average Per MILE:</b>		5:28	
<b>1 - 5 Split:</b>		2:55		<b>1 - 7 Split:</b>			
<b>Top 7 Total Time:</b>				<b>Top 7 Average Time:</b>			

TEAM SHERBROOKE VERT OR		SCORE: 205		PLACE: 8			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
27-26	James Poulin-Cadovuis		E3	242	33:37	3:22	5:25
28-27	Alex Genest		E3	239	33:39	3:22	5:25
32-30	Ferdinand Buzingo		E3	236	33:47	3:23	5:27
42-40	Simon Pierre Landry		E3	241	33:58	3:24	5:28
95-82	Charles-Étienne Plourde		E3	240	36:21	3:39	5:51
=====							
101-87	Léopold Gahungu		E3	238	37:10	3:43	5:59
104-89	Guillaume Fauteux Brault		E2	237	37:39	3:46	6:04
=====							
<b>Top 5 Total Time:</b>		171:22		<b>Top 5 Average Time:</b>		34:17	
<b>Top 5 Average per KM:</b>		3:26		<b>Top 5 Average Per MILE:</b>		5:31	
<b>1 - 5 Split:</b>		2:44		<b>1 - 7 Split:</b>		4:02	
<b>Top 7 Total Time:</b>		246:11		<b>Top 7 Average Time:</b>		35:11	

TEAM MANITOBA BISONS		SCORE: 231		PLACE: 9			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
26-25	Desire Budigoma		E2	290	33:35	3:22	5:25
30-29	Paul Carr		E4	291	33:42	3:23	5:26
57-53	Chris Belof		E4	289	34:19	3:26	5:32
61-57	Mitchell Man		E2	293	34:23	3:27	5:33
74-67	Joel Laurier		R	292	35:11	3:32	5:40
=====							
80-69	Colin Shepherd		E2	295	35:34	3:34	5:44
83-72	Adam Penner		E3	294	35:39	3:34	5:45
=====							
<b>Top 5 Total Time:</b>		171:10		<b>Top 5 Average Time:</b>		34:14	
<b>Top 5 Average per KM:</b>		3:26		<b>Top 5 Average Per MILE:</b>		5:31	
<b>1 - 5 Split:</b>		1:36		<b>1 - 7 Split:</b>		2:04	
<b>Top 7 Total Time:</b>		242:23		<b>Top 7 Average Time:</b>		34:38	

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**Team Statistics for: Event # 2 MENS 10K Run****TEAM ALBERTA GOLDEN BEARS SCORE: 231 PLACE: 10**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
14-13	Jamie Weikum		E2	275	33:14	3:20	5:21
41-39	Francois Leboeuf		E2	273	33:57	3:24	5:28
58-54	Joel Lauzon		E3	271	34:20	3:26	5:32
59-55	Dylan Hackenbrook		E5	270	34:20	3:26	5:32
81-70	Cody Carver		E3	269	35:38	3:34	5:45
91-78	Harry Moore		E2	274	36:00	3:36	5:48
94-81	Graeme Law		R	272	36:18	3:38	5:51
<b>Top 5 Total Time:</b>		171:29	<b>Top 5 Average Time:</b>		34:18		
<b>Top 5 Average per KM:</b>		3:26	<b>Top 5 Average Per MILE:</b>		5:32		
<b>1 - 5 Split:</b>		2:24	<b>1 - 7 Split:</b>		3:04		
<b>Top 7 Total Time:</b>		243:47	<b>Top 7 Average Time:</b>		34:50		

**TEAM MCMASTER MARAUDERS SCORE: 246 PLACE: 11**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-20	Laurence Abbott		E3	257	33:28	3:21	5:24
43-41	Cory McCurry		E2	263	34:00	3:24	5:29
46-44	Jonathan Little		E5	262	34:03	3:25	5:29
72-66	Noah Fleming		E3	260	35:07	3:31	5:40
86-75	Andrew Douglas		E2	259	35:42	3:35	5:45
93-80	Jamie Bruce		E4	258	36:13	3:38	5:50
98-85	Rob Gibb		E4	261	36:26	3:39	5:52
<b>Top 5 Total Time:</b>		172:20	<b>Top 5 Average Time:</b>		34:28		
<b>Top 5 Average per KM:</b>		3:27	<b>Top 5 Average Per MILE:</b>		5:33		
<b>1 - 5 Split:</b>		2:14	<b>1 - 7 Split:</b>		2:58		
<b>Top 7 Total Time:</b>		244:59	<b>Top 7 Average Time:</b>		35:00		

**TEAM LAVAL ROUGE ET OR SCORE: 250 PLACE: 12**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-16	Samuel Blanchette		E2	283	33:20	3:20	5:22
39-37	Philippe Sylvestre		E5	288	33:56	3:24	5:28
60-56	Pier-Olivier Laflamme		E2	284	34:23	3:27	5:33
77-68	Dominic Michaud		E4	285	35:29	3:33	5:43
84-73	Patrick Mottard		E5	286	35:41	3:35	5:45
105-90	Mathieu Raymond		E2	287	37:44	3:47	6:05
106-91	Jean-Francois Beaudoin-		E1	282	37:46	3:47	6:05
<b>Top 5 Total Time:</b>		172:49	<b>Top 5 Average Time:</b>		34:34		
<b>Top 5 Average per KM:</b>		3:28	<b>Top 5 Average Per MILE:</b>		5:34		
<b>1 - 5 Split:</b>		2:21	<b>1 - 7 Split:</b>		4:26		
<b>Top 7 Total Time:</b>		248:19	<b>Top 7 Average Time:</b>		35:29		



## 2008 CIS Championships 29th Women's &amp; 46th Men's

Plaines d'Abraham, Quebec City

11/08/2008

Saturday 8-Nov-08

**Team Statistics for: Event # 2 MENS 10K Run**

TEAM		MCGILL REDMEN		SCORE: 320		PLACE: 13	
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
37-35	Graydon Snider		E2	301	33:55	3:24	5:28
52-49	Alexander Duhault		R	298	34:10	3:25	5:30
71-65	Ryan Ouckama		E5	300	35:05	3:31	5:39
96-83	Daniel Kramer		R	299	36:23	3:39	5:52
102-88	Maxime Bellemare		R	296	37:11	3:44	6:00
			E3	297	DNF		
<b>Top 5 Total Time:</b>		176:44	<b>Top 5 Average Time:</b>		35:21		
<b>Top 5 Average per KM:</b>		3:33	<b>Top 5 Average Per MILE:</b>		5:42		
<b>1 - 5 Split:</b>		3:16	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>				<b>Top 7 Average Time:</b>			

TEAM		UNB VARSITY REDS		SCORE: 373		PLACE: 14	
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
40-38	Matt Pieteron		E1	307	33:56	3:24	5:28
85-74	Derek Ferguson		E3	304	35:42	3:35	5:45
87-76	Shawn Miller		E3	306	35:50	3:35	5:47
107-92	Mike Bone		E3	302	38:26	3:51	6:12
108-93	Peter Gaudet		E2	305	40:34	4:04	6:32
<b>Top 5 Total Time:</b>		184:28	<b>Top 5 Average Time:</b>		36:54		
<b>Top 5 Average per KM:</b>		3:42	<b>Top 5 Average Per MILE:</b>		5:57		
<b>1 - 5 Split:</b>		6:38	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>				<b>Top 7 Average Time:</b>			

TEAM		CONCORDIA STINGERS		SCORE: 461		PLACE: 15	
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
92-79	Sofiane Guend		E2	278	36:07	3:37	5:49
109-94	Jean-Mark Laforest		R	279	40:38	4:04	6:33
110-95	Valentin Robillard		R	281	40:44	4:05	6:34
111-96	Steve Dorda		E2	276	41:05	4:07	6:37
111-97	Nick Gossack		R	277	41:05	4:07	6:37
<b>Top 5 Total Time:</b>		199:39	<b>Top 5 Average Time:</b>		39:56		
<b>Top 5 Average per KM:</b>		4:00	<b>Top 5 Average Per MILE:</b>		6:26		
<b>1 - 5 Split:</b>		4:58	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>				<b>Top 7 Average Time:</b>			

