

2008 CIS Championships 29th Women's & 46th Men's

Plaines d'Abraham, Quebec City

11/08/2008

Saturday 8-Nov-08

Team Statistics for: Event # 2 MENS 10K Run

TEAM GUELPH GRYPHONS		SCORE: 27	PLACE: 1				
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Matt Brunsting		E4	204	32:08	3:13	5:11
2-2	Kyle Boorsma		E3	201	32:14	3:14	5:12
4-4	Allan Brett		E2	202	32:26	3:15	5:14
6-6	Derek Snider		E5	207	32:33	3:16	5:15
15-14	Josh Roundell		E5	206	33:16	3:20	5:22
22-21	Rob Jackson		R	205	33:29	3:21	5:24
47-45	Joe Brunsting		E4	203	34:03	3:25	5:29
Top 5 Total Time:		162:37	Top 5 Average Time:		32:32		
Top 5 Average per KM:		3:16	Top 5 Average Per MILE:		5:15		
1 - 5 Split:		1:08	1 - 7 Split:		1:55		
Top 7 Total Time:		230:09	Top 7 Average Time:		32:53		

TEAM ST. FX X-MEN		SCORE: 108	PLACE: 2				
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	David Gerych		E3	217	32:20	3:14	5:13
20-19	Lee McCarron		E3	219	33:27	3:21	5:23
24-23	Petr Doubravsky		E1	216	33:32	3:22	5:24
33-31	Robert Winslow		E3	221	33:47	3:23	5:27
34-32	Brent Addison		E3	215	33:52	3:24	5:28
48-46	Daniel McNeil		E5	220	34:05	3:25	5:30
88-77	Matt MacDonald		E1	218	35:54	3:36	5:47
Top 5 Total Time:		166:58	Top 5 Average Time:		33:24		
Top 5 Average per KM:		3:21	Top 5 Average Per MILE:		5:23		
1 - 5 Split:		1:32	1 - 7 Split:		3:34		
Top 7 Total Time:		236:57	Top 7 Average Time:		33:51		

TEAM WINDSOR LANCERS		SCORE: 124	PLACE: 3				
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-12	Matt Sinclair		E3	213	33:12	3:20	5:21
16-15	Adam Kellar		E3	210	33:18	3:20	5:22
29-28	Mark Henshaw		R	209	33:40	3:22	5:26
35-33	Alex Meyer		E4	211	33:54	3:24	5:28
38-36	Phil Dalton		E3	208	33:55	3:24	5:28
51-48	Nathan Reiter		E5	212	34:09	3:25	5:30
	Dave Weston		E3	214	DNF		
Top 5 Total Time:		167:59	Top 5 Average Time:		33:36		
Top 5 Average per KM:		3:22	Top 5 Average Per MILE:		5:25		
1 - 5 Split:		:43	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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Team Statistics for: Event # 2 MENS 10K Run**TEAM TORONTO VARSITY BLUE SCORE: 146 PLACE: 4**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Etienne Bredin		E5	251	33:07	3:19	5:20
18-17	Mike Delmonte		E3	252	33:21	3:21	5:23
19-18	Jeff Barr		E5	250	33:24	3:21	5:23
44-42	Tyler Pettes		E2	254	34:01	3:25	5:29
62-58	Colin Murray-Lawson		E2	253	34:25	3:27	5:33
66-63	Josh Smith		E5	255	34:37	3:28	5:35
97-84	Bart VanVeghel		E4	256	36:23	3:39	5:52
Top 5 Total Time:		168:18	Top 5 Average Time:		33:40		
Top 5 Average per KM:		3:22	Top 5 Average Per MILE:		5:26		
1 - 5 Split:		1:18	1 - 7 Split:		3:16		
Top 7 Total Time:		239:18	Top 7 Average Time:		34:12		

TEAM CALGARY DINOS SCORE: 150 PLACE: 5

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Nyial Majock		R	246	32:29	3:15	5:14
8-8	Gavin Hamilton		E1	245	32:47	3:17	5:17
36-34	Spencer Pootz		R	248	33:55	3:24	5:28
54-51	Travis Cummings		E5	244	34:10	3:25	5:30
56-52	Scott Nicol		E3	247	34:14	3:26	5:31
66-62	Matthew Spendiff		R	249	34:37	3:28	5:35
70-64	Neal Austin		E4	243	34:46	3:29	5:36
Top 5 Total Time:		167:35	Top 5 Average Time:		33:31		
Top 5 Average per KM:		3:22	Top 5 Average Per MILE:		5:24		
1 - 5 Split:		1:45	1 - 7 Split:		2:17		
Top 7 Total Time:		236:58	Top 7 Average Time:		33:52		

TEAM WESTERN MUSTANGS SCORE: 172 PLACE: 6

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Kyle O'Neill		E2	226	33:00	3:18	5:19
23-22	Will Komer		E2	225	33:29	3:21	5:24
45-43	Ryan Armstrong		E2	222	34:02	3:25	5:29
49-47	Robbie Watson		E3	228	34:06	3:25	5:30
53-50	Scott Emberley		E4	224	34:10	3:25	5:30
63-59	Alexey Strokach		R	227	34:27	3:27	5:33
64-60	Jeff Dill		R	223	34:29	3:27	5:33
Top 5 Total Time:		168:47	Top 5 Average Time:		33:46		
Top 5 Average per KM:		3:23	Top 5 Average Per MILE:		5:26		
1 - 5 Split:		1:10	1 - 7 Split:		1:29		
Top 7 Total Time:		237:43	Top 7 Average Time:		33:58		

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TEAM VICTORIA VIKES		SCORE: 172		PLACE: 7			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-7	Geoff Martinson		E5	234	32:43	3:17	5:16
9-9	Johannes Mallie		E4	233	32:49	3:17	5:17
25-24	Cliiford Childs		E2	230	33:35	3:22	5:25
65-61	Tom Fleming		E2	231	34:35	3:28	5:34
82-71	Curtis Holt		R	232	35:38	3:34	5:45
=====							
100-86	Darren Mazzei		E3	235	36:59	3:42	5:58
	Sean Chester		E2	229	DNF		
=====							
Top 5 Total Time:		169:20		Top 5 Average Time:		33:52	
Top 5 Average per KM:		3:24		Top 5 Average Per MILE:		5:28	
1 - 5 Split:		2:55		1 - 7 Split:			
Top 7 Total Time:				Top 7 Average Time:			

TEAM SHERBROOKE VERT OR		SCORE: 205		PLACE: 8			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
27-26	James Poulin-Cadovuis		E3	242	33:37	3:22	5:25
28-27	Alex Genest		E3	239	33:39	3:22	5:25
32-30	Ferdinand Buzingo		E3	236	33:47	3:23	5:27
42-40	Simon Pierre Landry		E3	241	33:58	3:24	5:28
95-82	Charles-Étienne Plourde		E3	240	36:21	3:39	5:51
=====							
101-87	Léopold Gahungu		E3	238	37:10	3:43	5:59
104-89	Guillaume Fauteux Brault		E2	237	37:39	3:46	6:04
=====							
Top 5 Total Time:		171:22		Top 5 Average Time:		34:17	
Top 5 Average per KM:		3:26		Top 5 Average Per MILE:		5:31	
1 - 5 Split:		2:44		1 - 7 Split:		4:02	
Top 7 Total Time:		246:11		Top 7 Average Time:		35:11	

TEAM MANITOBA BISONS		SCORE: 231		PLACE: 9			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
26-25	Desire Budigoma		E2	290	33:35	3:22	5:25
30-29	Paul Carr		E4	291	33:42	3:23	5:26
57-53	Chris Belof		E4	289	34:19	3:26	5:32
61-57	Mitchell Man		E2	293	34:23	3:27	5:33
74-67	Joel Laurier		R	292	35:11	3:32	5:40
=====							
80-69	Colin Shepherd		E2	295	35:34	3:34	5:44
83-72	Adam Penner		E3	294	35:39	3:34	5:45
=====							
Top 5 Total Time:		171:10		Top 5 Average Time:		34:14	
Top 5 Average per KM:		3:26		Top 5 Average Per MILE:		5:31	
1 - 5 Split:		1:36		1 - 7 Split:		2:04	
Top 7 Total Time:		242:23		Top 7 Average Time:		34:38	

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Team Statistics for: Event # 2 MENS 10K Run**TEAM ALBERTA GOLDEN BEARS SCORE: 231 PLACE: 10**

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
14-13	Jamie Weikum		E2	275	33:14	3:20	5:21
41-39	Francois Leboeuf		E2	273	33:57	3:24	5:28
58-54	Joel Lauzon		E3	271	34:20	3:26	5:32
59-55	Dylan Hackenbrook		E5	270	34:20	3:26	5:32
81-70	Cody Carver		E3	269	35:38	3:34	5:45
=====							
91-78	Harry Moore		E2	274	36:00	3:36	5:48
94-81	Graeme Law		R	272	36:18	3:38	5:51
=====							
Top 5 Total Time:		171:29			Top 5 Average Time:		34:18
Top 5 Average per KM:		3:26			Top 5 Average Per MILE:		5:32
1 - 5 Split:		2:24			1 - 7 Split:		3:04
Top 7 Total Time:		243:47			Top 7 Average Time:		34:50

TEAM MCMASTER MARAUDERS SCORE: 246 PLACE: 11

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-20	Laurence Abbott		E3	257	33:28	3:21	5:24
43-41	Cory McCurry		E2	263	34:00	3:24	5:29
46-44	Jonathan Little		E5	262	34:03	3:25	5:29
72-66	Noah Fleming		E3	260	35:07	3:31	5:40
86-75	Andrew Douglas		E2	259	35:42	3:35	5:45
=====							
93-80	Jamie Bruce		E4	258	36:13	3:38	5:50
98-85	Rob Gibb		E4	261	36:26	3:39	5:52
=====							
Top 5 Total Time:		172:20			Top 5 Average Time:		34:28
Top 5 Average per KM:		3:27			Top 5 Average Per MILE:		5:33
1 - 5 Split:		2:14			1 - 7 Split:		2:58
Top 7 Total Time:		244:59			Top 7 Average Time:		35:00

TEAM LAVAL ROUGE ET OR SCORE: 250 PLACE: 12

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-16	Samuel Blanchette		E2	283	33:20	3:20	5:22
39-37	Philippe Sylvestre		E5	288	33:56	3:24	5:28
60-56	Pier-Olivier Laflamme		E2	284	34:23	3:27	5:33
77-68	Dominic Michaud		E4	285	35:29	3:33	5:43
84-73	Patrick Mottard		E5	286	35:41	3:35	5:45
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105-90	Mathieu Raymond		E2	287	37:44	3:47	6:05
106-91	Jean-Francois Beaudoin-		E1	282	37:46	3:47	6:05
=====							
Top 5 Total Time:		172:49			Top 5 Average Time:		34:34
Top 5 Average per KM:		3:28			Top 5 Average Per MILE:		5:34
1 - 5 Split:		2:21			1 - 7 Split:		4:26
Top 7 Total Time:		248:19			Top 7 Average Time:		35:29

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Team Statistics for: Event # 2 MENS 10K Run

TEAM MCGILL REDMEN		SCORE: 320		PLACE: 13			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
37-35	Graydon Snider		E2	301	33:55	3:24	5:28
52-49	Alexander Duhault		R	298	34:10	3:25	5:30
71-65	Ryan Ouckama		E5	300	35:05	3:31	5:39
96-83	Daniel Kramer		R	299	36:23	3:39	5:52
102-88	Maxime Bellemare		R	296	37:11	3:44	6:00
Kenneth Douglas			E3	297	DNF		
Top 5 Total Time:		176:44	Top 5 Average Time:		35:21		
Top 5 Average per KM:		3:33	Top 5 Average Per MILE:		5:42		
1 - 5 Split:		3:16	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM UNB VARSITY REDS		SCORE: 373		PLACE: 14			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
40-38	Matt Pieteron		E1	307	33:56	3:24	5:28
85-74	Derek Ferguson		E3	304	35:42	3:35	5:45
87-76	Shawn Miller		E3	306	35:50	3:35	5:47
107-92	Mike Bone		E3	302	38:26	3:51	6:12
108-93	Peter Gaudet		E2	305	40:34	4:04	6:32
Top 5 Total Time:		184:28	Top 5 Average Time:		36:54		
Top 5 Average per KM:		3:42	Top 5 Average Per MILE:		5:57		
1 - 5 Split:		6:38	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM CONCORDIA STINGERS		SCORE: 461		PLACE: 15			
OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
92-79	Sofiane Guend		E2	278	36:07	3:37	5:49
109-94	Jean-Mark Laforest		R	279	40:38	4:04	6:33
110-95	Valentin Robillard		R	281	40:44	4:05	6:34
111-96	Steve Dorda		E2	276	41:05	4:07	6:37
111-97	Nick Gossack		R	277	41:05	4:07	6:37
Top 5 Total Time:		199:39	Top 5 Average Time:		39:56		
Top 5 Average per KM:		4:00	Top 5 Average Per MILE:		6:26		
1 - 5 Split:		4:58	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				