

2008 WESTERN INTERNATIONAL - 34th Annual

Sat. Sept 20 at Thames Valley GC, London

09/20/2008

AGE

23rd year at Thames Valley GC

Team Statistics for: *Event # 2 MENS 10K Run*

TEAM	GUELPH GRYPHONS		SCORE:	44	PLACE:	1		
OVERALL	SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
	4-4	Josh Roundell		E5	161	33:06	3:18	5:19
	6-6	Derek Snider		E5	157	33:15	3:19	5:21
	7-7	Matt Brunsting		E4	159	33:27	3:20	5:23
	13-13	John Parrott		E4	163	34:10	3:25	5:29
	14-14	Allan Brett		E2	158	34:12	3:25	5:30
	28-27	Andy Cliff		R	166	35:09	3:30	5:39
	30-29	Cody Murray		E3	164	35:11	3:31	5:39
	45	Adam Lewandowski		E3	167	35:52	3:35	5:46
	63	Jordan Cote		E2	165	37:42	3:46	6:04
	Top 5 Total Time:		168:10	Top 5 Average Time:		33:38		
	Top 5 Average per KM:		3:21	Top 5 Average Per MILE:		5:24		
	1 - 5 Split:		1:06	1 - 7 Split:		2:05		
	Top 7 Total Time:		238:30	Top 7 Average Time:		34:04		
TEAM	WESTERN MUSTANGS		SCORE:	47	PLACE:	2		
OVERALL	SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
	3-3	Kyle O'Neill		E2	181	33:01	3:18	5:18
	5-5	Ryan Armstrong		E2	182	33:11	3:19	5:20
	10-10	Will Komer		E2	184	33:51	3:23	5:26
	12-12	Alex Strokach		E1	183	34:04	3:24	5:28
	17-17	Matt Suda		E4	185	34:20	3:26	5:31
	18-18	Jeff Dill		E1	187	34:26	3:26	5:32
	20-20	Robbie Watson		E3	190	34:33	3:27	5:33
	21	David Arango		R	186	34:35	3:27	5:33
	36	Nate Hayward		E1	188	35:26	3:32	5:42
	46	Scott Emberley		E4	189	35:58	3:35	5:47
	Top 5 Total Time:		168:27	Top 5 Average Time:		33:41		
	Top 5 Average per KM:		3:22	Top 5 Average Per MILE:		5:25		
	1 - 5 Split:		1:19	1 - 7 Split:		1:32		
	Top 7 Total Time:		237:26	Top 7 Average Time:		33:55		
TEAM	WINDSOR LANCERS		SCORE:	71	PLACE:	3		
OVERALL	SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
	1-1	Dave Weston		E3	169	32:48	3:16	5:16
	9-9	Mark Henshaw		E1	171	33:39	3:21	5:24
	16-16	Alex Meyer		E4	176	34:17	3:25	5:31
	23-22	Nathan Reiter		E5	179	34:43	3:28	5:35
	24-23	Drew Patterson		R	175	34:46	3:28	5:35
	25-24	Phil Dalton		E3	173	34:51	3:29	5:36
	27-26	Svein Piene		E5	177	35:04	3:30	5:38

2008 WESTERN INTERNATIONAL - 34th Annual

Sat. Sept 20 at Thames Valley GC, London

09/20/2008

23rd year at Thames Valley GC

	AGE						
34	Mitch Tome	E2	178	35:19	3:31		5:41
42	Ben Lane	E3	174	35:48	3:34		5:45
47	Phil Robson	E2	172	36:00	3:36		5:47
59	Josh Huffman	R	180	37:14	3:43		5:59

Top 5 Total Time:	170:13	Top 5 Average Time:	34:02
Top 5 Average per KM:	3:24	Top 5 Average Per MILE:	5:28
1 - 5 Split:	1:58	1 - 7 Split:	2:16
Top 7 Total Time:	240:08	Top 7 Average Time:	34:18

TEAM QUEEN'S GAELS SCORE: 104 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Matt Hulse		E3	193	32:59	3:17	5:18
15-15	Joshua Potvin		E2	194	34:14	3:25	5:30
26-25	Luke Enman		R	197	35:00	3:30	5:37
31-30	Clay Patterson		R	199	35:15	3:31	5:40
33-32	Trevor Walmsley		E3	198	35:19	3:31	5:41
44-40	Anders Klaus		E3	202	35:50	3:35	5:46
50-43	Scott Johnson		E2	201	36:09	3:36	5:49
53	Alex Green		E2	203	36:40	3:40	5:54
58	Brett Meinzinger		E3	200	37:02	3:42	5:57
76	Darryl Blackport		E5	204	38:40	3:52	6:13

Top 5 Total Time:	172:47	Top 5 Average Time:	34:33
Top 5 Average per KM:	3:27	Top 5 Average Per MILE:	5:33
1 - 5 Split:	2:20	1 - 7 Split:	3:10
Top 7 Total Time:	244:46	Top 7 Average Time:	34:58

TEAM MCMMASTER MARAUDERS SCORE: 143 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
19-19	Larry Abbott		E3	205	34:31	3:27	5:33
22-21	Cory McCurry		E2	206	34:38	3:27	5:34
32-31	Andrew Douglas		E2	208	35:16	3:31	5:40
35-33	Noah Fleming		E3	209	35:21	3:32	5:41
43-39	Jonathan Little		E5	207	35:50	3:35	5:46
51-44	Rob Gibb		E4	210	36:14	3:37	5:49
52-45	Jamie Bruce		E3	211	36:25	3:38	5:51
57	Eric Downing		E2	212	37:00	3:42	5:57

Top 5 Total Time:	175:36	Top 5 Average Time:	35:07
Top 5 Average per KM:	3:30	Top 5 Average Per MILE:	5:39
1 - 5 Split:	1:19	1 - 7 Split:	1:54
Top 7 Total Time:	248:15	Top 7 Average Time:	35:27

TEAM MCGILL REDMEN SCORE: 171 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-8	Sebastien Flynn		E2	217	33:32	3:21	5:23
39-36	Kenneth Douglas		E3	219	35:33	3:33	5:43
40-37	Alexander Duhault		R	220	35:35	3:33	5:43
49-42	Daniel Kramer		R	221	36:05	3:36	5:48
56-48	Ryan Ouckama		E5	222	36:59	3:41	5:57

2008 WESTERN INTERNATIONAL - 34th Annual

Sat. Sept 20 at Thames Valley GC, London

09/20/2008

23rd year at Thames Valley GC

68-56	Maxime Bellemare	R	224	38:07	3:48	6:08
69-57	Marc Gaulier	E2	226	38:10	3:49	6:08

71	Erik Bellefleur	R	225	38:26	3:50	6:11
84	Iain MacDonald	E2	223	40:37	4:03	6:32

Top 5 Total Time:	177:44	Top 5 Average Time:	35:32
Top 5 Average per KM:	3:33	Top 5 Average Per MILE:	5:43
1 - 5 Split:	3:27	1 - 7 Split:	4:38
Top 7 Total Time:	254:01	Top 7 Average Time:	36:17

TEAM	NAZARETH GOLD FLYERS	SCORE:	215	PLACE:	7
------	----------------------	--------	-----	--------	---

OVERALL

SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Nick Stenuf		E4	253	33:59	3:23	5:28
38-35	Robby Castor		E4	254	35:32	3:33	5:43
55-47	Matt Morales		E2	259	36:54	3:41	5:56
70-58	Peter Fekete		R	255	38:22	3:50	6:10
78-64	Paul Wheeler		E1	260	39:53	3:59	6:25

83-67	Tim Rutan	R	258	40:35	4:03	6:31
86-69	Nick Spera	R	261	40:45	4:04	6:33

88	Dan Polino	R	263	41:56	4:11	6:44
90	Chris Freeman	E3	262	42:46	4:16	6:52
91	Ryan Ingram	R	256	42:51	4:17	6:53
93	Donato Direnzo	R	257	43:46	4:22	7:02

Top 5 Total Time:	184:40	Top 5 Average Time:	36:56
Top 5 Average per KM:	3:41	Top 5 Average Per MILE:	5:56
1 - 5 Split:	5:54	1 - 7 Split:	6:46
Top 7 Total Time:	266:00	Top 7 Average Time:	38:00

TEAM	TORONTO BLUES	SCORE:	233	PLACE:	8
------	---------------	--------	-----	--------	---

OVERALL

SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
41-38	Tyler Pettes		E2	230	35:38	3:33	5:44
48-41	Antun Pavelic		R	233	36:00	3:36	5:47
60-49	Sho Tanaka		E3	236	37:18	3:43	6:00
61-50	Andrew Nicholl		E2	231	37:26	3:44	6:01
67-55	Andrew Kennedy		E3	232	38:05	3:48	6:07

81-66	Paris Vlahovic	E2	234	40:11	4:01	6:28
89-71	Dave Liu	E3	235	42:04	4:12	6:46

Top 5 Total Time:	184:27	Top 5 Average Time:	36:53
Top 5 Average per KM:	3:41	Top 5 Average Per MILE:	5:56
1 - 5 Split:	2:27	1 - 7 Split:	6:26
Top 7 Total Time:	266:42	Top 7 Average Time:	38:06

TEAM	LAURIER GOLDEN HAWKS	SCORE:	271	PLACE:	9
------	----------------------	--------	-----	--------	---

OVERALL

SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
54-46	Jordan Fox		E2	265	36:43	3:40	5:54
64-52	Brent Meidinger		R	271	37:53	3:47	6:05
66-54	Duncan MacAuley		E4	273	38:01	3:48	6:07
72-59	Colin Yardley		E2	270	38:28	3:50	6:11

2008 WESTERN INTERNATIONAL - 34th Annual**Sat. Sept 20 at Thames Valley GC, London**

09/20/2008

23rd year at Thames Valley GC

		<u>AGE</u>					
73-60	Steve Himmelman		E3	272	38:35	3:51	6:12
=====							
74-61	John Walker		R	267	38:36	3:51	6:12
77-63	Mike Francis		E4	269	39:27	3:56	6:20
=====							
80	Jeff Davie		E1	274	40:02	4:00	6:26
82	Brian Tribe		E3	268	40:32	4:03	6:31
92	Jordan Schmidt		E2	276	43:29	4:20	6:59
94	Spencer Ingram		R	266	44:39	4:27	7:11
Top 5 Total Time:		189:40	Top 5 Average Time:		37:56		
Top 5 Average per KM:		3:47	Top 5 Average Per MILE:		6:06		
1 - 5 Split:		1:52	1 - 7 Split:		2:44		
Top 7 Total Time:		267:43	Top 7 Average Time:		38:14		