

Licensed to Ottawa Lions T&amp;F Club

Hy-Tek's Meet Manager

Winter National Capital Dome Invitational - 02/01/2008 to 02/02/2008

R.C.Legion District G Indoor Champs

Ottawa, ON

Results

## Women 60 Meter Dash Under 16

Name	Year Team	Prelims
Preliminaries		
1 Fillion, Noemie	93 Ottawa Lions	8.97q
2 Smith, Paige	94 Cornwall L.C.	9.62q
3 Roy, Shelby	94 Ottawa Lions	10.74q

## Women 60 Meter Dash Under 16

Name	Year Team	Finals	Points
Finals			
1 Fillion, Noemie	93 Ottawa Lions	8.97	
2 Smith, Paige	94 Cornwall L.C.	9.62	
3 Roy, Shelby	94 Ottawa Lions	10.74	

## Women 200 Meter Dash Under 16

Name	Year Team	Finals	Points
1 Smith, Paige	94 Cornwall L.C.	32.41	

## Women 400 Meter Dash Under 16

Name	Year Team	Finals	Points
1 Vatne, Katrine	94 Ottawa Lions	1:12.58	
2 Smith, Paige	94 Cornwall L.C.	1:17.05	

## Women 800 Meter Run Under 16

Name	Year Team	Finals	Points
1 Galbraith, Emma	94 Ottawa Lions	2:23.82	
2 Norman, Emma	93 Ottawa Lions	2:24.60	
3 Wallace, Vanessa	94 JDEN	2:39.50	
4 Stevenson, Haley	94 JDEN	2:40.75	
5 Alby, Noemie	95 Gatineau	2:43.34	
6 Vatne, Katrine	94 Ottawa Lions	2:44.81	
7 Timbrell, Shannon	94 Cornwall L.C.	2:44.83	
8 Kanz, Isabelle	93 Ottawa Lions	2:49.80	
9 Roy, Shelby	94 Ottawa Lions	3:19.08	

## Women 1500 Meter Run Under 16

Name	Year Team	Finals	Points
1 Norman, Emma	93 Ottawa Lions	4:57.05	
2 Galbraith, Emma	94 Ottawa Lions	4:59.09	
3 Kent, Shelby	94 Brockville Leg.	5:12.33	
4 Stevenson, Haley	94 JDEN	5:43.99	
5 Kanz, Isabelle	93 Ottawa Lions	5:56.09	
6 Timbrell, Shannon	94 Cornwall L.C.	6:03.46	
7 Hunt, Kathryn	94 Cornwall L.C.	6:49.12	
8 Densham, Olivia	95 Cornwall L.C.	7:08.07	

## Women 3000 Meter Run Under 16

Name	Year	Team	Finals	Points
1 Densham, Olivia	95	Cornwall L.C.	12:22.05	
2 Hunt, Kathryn	94	Cornwall L.C.	12:22.98	

## Women High Jump Under 16

Name	Year	Team	Finals	Points
1 Langevin, Rebecca	93	Petite-Nation	1.40m	
2 Fillion, Noemie	93	Ottawa Lions	1.40m	
-- Sabourin, Jade	93	Petite-Nation	NH	

## Women Long Jump Under 16

Name	Year	Team	Finals	Points
1 Langevin, Rebecca	93	Petite-Nation	4.37m	
2 Sabourin, Jade	93	Petite-Nation	4.24m	

## Women Shot Put Under 16

Implement weight: 3kg				
Name	Year	Team	Finals	Points
1 Sabourin, Jade	93	Petite-Nation	9.37m	

## Women 60 Meter Dash Under 18

Name	Year	Team	Prelims	H#
Preliminaries				
1 Jean, Kathleen	92	Ottawa Lions	8.17q	1
2 Portner Gartke, Kate	91	Ottawa Lions	8.34q	1
3 Wilson, Ashley	91	Ottawa Lions	8.34q	2
4 Deschamps, Chelsea	92	Ottawa Lions	8.40q	1
5 Yacob, Marina	91	Ottawa Lions	8.64q	2
6 Lamoureux-Caillier, Dean	92	Ottawa Lions	8.79q	2
7 Nikonorova, Julia	92	Ottawa Lions	8.99	2
8 Seguin, Jenna	92	Cornwall L.C.	9.23	1
9 Maiorino, Rebecca	92	Ottawa Lions	9.52	2

## Women 60 Meter Dash Under 18

Name	Year	Team	Finals	Points
Finals				
1 Jean, Kathleen	92	Ottawa Lions	8.29	
2 Portner Gartke, Kate	91	Ottawa Lions	8.36	
3 Deschamps, Chelsea	92	Ottawa Lions	8.52	
4 Yacob, Marina	91	Ottawa Lions	8.66	
5 Lamoureux-Caillier, Dean	92	Ottawa Lions	8.71	
6 Nikonorova, Julia	92	Ottawa Lions	9.06	

## Women 200 Meter Dash Under 18

Name	Year	Team	Finals	H#	Points
1 Okankwu, Gift	92	Ottawa Lions	26.94	3	
2 Jean, Kathleen	92	Ottawa Lions	27.81	3	

3	Portner Gartke, Kate	91	Ottawa Lions	28.21	3
4	Chartrand, Sonia	92	Petite-Nation	28.27	2
5	Yacob, Marina	91	Ottawa Lions	28.66	2
6	Deschamps, Chelsea	92	Ottawa Lions	28.73	3
7	Beauchemin, Crystal	92	Ottawa Lions	29.88	1
8	Nikonorova, Julia	92	Ottawa Lions	30.18	2
9	Seguin, Jenna	92	Cornwall L.C.	30.52	1
10	Maiorino, Rebecca	92	Ottawa Lions	31.52	1

## Women 400 Meter Dash Under 18

Name	Year	Team	Finals	Points
1	Aubry, Rachel	90	Ottawa Lions	59.03
2	Okankwu, Gift	92	Ottawa Lions	1:00.37
3	Seguin, Jenna	92	Cornwall L.C.	1:13.32

## Women 800 Meter Run Under 18

Name	Year	Team	Finals	Points
1	Beauchemin, Crystal	92	Ottawa Lions	2:38.45
2	Timbrell, Mataya	91	Cornwall L.C.	2:46.21

## Women 1500 Meter Run Under 18

Name	Year	Team	Finals	Points
1	Slinn, Heather	92	Ottawa Lions	5:09.34
2	Timbrell, Mataya	91	Cornwall L.C.	5:50.32

## Women 3000 Meter Run Under 18

Name	Year	Team	Finals	Points
1	Stevens, Matias	91	Ottawa Modern P.	13:06.65

## Women High Jump Under 18

Name	Year	Team	Finals	Points
1	Mabo, Aaron	91	Cornwall L.C.	1.61m
2	Clark, Devon	92	Ottawa Lions	1.58m
3	Coulas, Cheryl	91	Ottawa Lions	1.50m
4	Guindon-Zador, Alice	92	Ottawa Lions	1.35m
5	Dillon, Krista	92	Ottawa Lions	J1.35m

## Women Pole Vault Under 18

Name	Year	Team	Finals	Points
1	Kirk, Rebecca	92	Ottawa Lions	2.55m
--	Thompson, Lindsay	92	Ottawa Lions	NH

## Women Long Jump Under 18

Name	Year	Team	Finals	Points
1	Chartrand, Sonia	92	Petite-Nation	4.74m
2	Dillon, Krista	92	Ottawa Lions	4.65m
3	Thompson, Lindsay	92	Ottawa Lions	4.54m
4	Coulas, Cheryl	91	Ottawa Lions	4.44m
5	Mabo, Aaron	91	Cornwall L.C.	J4.44m

6 Clark, Devon 92 Ottawa Lions 3.74m

Women Triple Jump Under 18

Name	Year Team	Finals	Points
1 Dillon, Krista	92 Ottawa Lions	10.20m	

Women Shot Put Under 18

Implement weight: 4kg

Name	Year Team	Finals	Points
1 Blondin, Julie-Anne	91 Gatineau	11.64m	
2 Anderson, Rose	92 Ottawa Lions	6.50m	

Women 60 Meter Dash University

Name	Year Team	Prelims	H#
Preliminaries			
1 Lela, Christiane	88 Uottawa	7.88Q	3
2 Catry, Veronica	Queen's U.	7.93Q	2
3 Seibel, Lauren	82 Ottawa Lions	8.13Q	1
4 Simulik, Mila	90 Ottawa Lions	8.03q	3
5 Whyte Potter-Mal, Majent	McGill U.	8.20q	1
6 Fraser, Christine	87 Uottawa	8.23q	2
7 Momoh, Fatihat	McGill U.	8.36q	1
8 Dion, Marianne	Gatineau	8.37q	2
9 Beaudin, Stephanie	90 Ottawa Lions	8.42q	3
10 Beretta, Paulina	Queen's U.	8.43q	3
11 Elmore, Katherine	McGill U.	8.54q	3
12 Timbrell, Reba	90 Cornwall L.C.	8.56q	1
13 Martineau, Triniece	McGill U.	8.75	3
14 Mueller, Shannon	89 Ottawa Lions	8.85	2
15 Ahouanmenou, Agniola	McGill U.	9.06	2

Women 60 Meter Dash University

Name	Year Team	Finals	H#	Points
Finals				
1 Catry, Veronica	Queen's U.	7.81	2	
2 Lela, Christiane	88 Uottawa	7.83	2	
3 Simulik, Mila	90 Ottawa Lions	8.15	2	
4 Fraser, Christine	87 Uottawa	8.17	2	
5 Dion, Marianne	Gatineau	8.29	1	
6 Whyte Potter-Mal, Majent	McGill U.	8.34	2	
7 Beretta, Paulina	Queen's U.	8.41	1	
8 Elmore, Katherine	McGill U.	8.47	1	
9 Momoh, Fatihat	McGill U.	8.47	2	
10 Beaudin, Stephanie	90 Ottawa Lions	8.53	1	
11 Timbrell, Reba	90 Cornwall L.C.	8.62	1	
12 Martineau, Triniece	McGill U.	8.80	1	

Women 300 Meter Dash University

Name	Year Team	Finals	H#	Points
1 Kellar-Parsons, Hilary	McGill U.	42.59	2	
2 Momoh, Fatihat	McGill U.	42.64	1	
3 Elmore, Katherine	McGill U.	43.35	2	
4 Cameron-Vandrig, Allison	89 McGill U.	43.56	1	

5	Fraser, Christine	87	Uottawa	44.71	3
6	Hawryluk, Kelsey		Queen's U.	45.80	3
7	Timbrell, Reba	90	Cornwall L.C.	46.28	2
8	Lee, Celine		Queen's U.	47.99	4
9	Mueller, Shannon	89	Ottawa Lions	48.67	4
10	Tremblay, Julie	89	Uottawa	52.06	1

## Women 600 Meter Run University

Name	Year	Team	Finals	Points
1	Tousaw, Julia	89	Uottawa	1:32.10
2	Drouin, Catherine		McGill U.	1:35.95
3	Desmarais-Gagnon, Alexan	90	Cirrus	1:37.82
4	Aubry, Rachel	90	Ottawa Lions	1:38.24
5	Lafrance-Veillette, Chan	92	Zenith	1:46.83
6	Martin, Madeleine	90	Ottawa Lions	1:46.91
7	Beckstead, Jocelyn	88	Uottawa	1:52.64
8	Tremblay, Julie	89	Uottawa	1:58.37

## Women 1000 Meter Run University

Name	Year	Team	Finals	Points
1	Germain, Katia	84	Mtl-Olympique	2:57.07
2	Lightman, Deborah		McGill U.	2:59.65
3	Betts, Kassie	87	Uottawa	3:11.56
4	Martin, Madeleine	90	Ottawa Lions	3:11.79
5	Pratt-Johnston, Elyse	87	Uottawa	3:11.80
6	Kuntz, Carmen	88	Uottawa	3:12.28
7	Alain-Noel, Anne-Michell		Gatineau	3:21.82
8	Somerville, Alana	90	Ottawa Lions	3:21.97
9	Couture-Dube, Laurence		Gatineau	3:47.83

## Women 1500 Meter Run University

Name	Year	Team	Finals	Points
1	Locke, Tiffany	88	Uottawa	4:35.07
2	Muddiman, Trish		McGill U.	4:57.10
3	Beatty, Arielle		McGill U.	4:58.67
4	Andrews, Megan		Queen's U.	5:08.18
5	Pinsonnault, Gina		McGill U.	5:08.25
6	Lobasso, Christina		McGill U.	5:10.28
7	Benz, Lisa	85	Uottawa	5:17.65
8	Derkowski, Tamara		McGill U.	5:19.98
9	Mayo, Erin	83	Uottawa	5:27.73
10	Mesri, Mari		McGill U.	5:30.01
11	Van Ort, Caitlin		McGill U.	5:33.45
12	Britton, Julia	90	Ottawa Lions	5:35.15
13	Taylor, Christina		McGill U.	5:39.08
14	Vatne, Nina	90	Ottawa Lions	5:45.94
--	Lightman, Deborah		McGill U.	DNF

## Women 3000 Meter Run University

Name	Year	Team	Finals	Points
1	Lance, Stacey	83	Ottawa Lions	10:37.28
2	Keenleyside, Grace		Queen's U.	10:46.02
3	Teckles, Carly	84	Uottawa	10:46.36
4	Pearce, Brenda	87	Ottawa Lions	10:57.38
5	Young, Emma Ann		Queen's U.	10:57.48

6 Spellen, Kate 84 Ottawa 11:25.17

Women 5000 Meter Run University

Name	Year Team	Finals	Points
1 Quinn Smith, Tara	Brook M. Project	16:28.87	
2 Sexton, Lesley	Queen's U.	17:06.62	
3 King, Lauren	Brook M. Project	17:23.35	
4 Gardner, Rachael	88 Ottawa Modern P.	19:15.60	

Women 60 Meter Hurdles University

Name	Year Team	Prelims	H#
Preliminaries			
1 Stoffman, Zaria	McGill U.	9.29q	1
2 Halle, Emilie	90 Ottawa Lions	9.70q	2
3 Martineau, Triniece	McGill U.	9.83q	2
4 Mueller, Shannon	89 Ottawa Lions	9.94q	1

Women 60 Meter Hurdles University

Name	Year Team	Finals	Points
Finals			
1 Stoffman, Zaria	McGill U.	9.41	
2 Halle, Emilie	90 Ottawa Lions	9.83	
3 Mueller, Shannon	89 Ottawa Lions	9.98	
4 Martineau, Triniece	McGill U.	10.21	

Women 4x200 Meter Relay University

Team	Finals	Points
1 Ottawa Lions T&F Club 'A'	1:53.76	

Women 4x800 Meter Relay University

Team	Finals	Points
1 University of Ottawa 'A'	10:12.50	
1) Kuntz, Carmen 88	2) Pratt-Johnston, Elyse 87	
3) Betts, Kassie 87	4) Benz, Lisa 85	
-- Ottawa Lions T&F Club 'A'	DNF	

Women High Jump University

Name	Year Team	Finals	Points
1 Stoffman, Zaria	McGill U.	1.57m	
2 Battiston, Alana	McGill U.	1.52m	
3 Larocque, Alison	Queen's U.	1.47m	
4 Beaumont-Courteau, Arian	90 Montreal-Int'L	J1.47m	

Women Pole Vault University

Name	Year Team	Finals	Points
1 Beaumont-Courteau, Arian	90 Montreal-Int'L	3.52m	
2 Osborne, Esther	McGill U.	3.32m	
3 Crowe, Victoria	McGill U.	3.22m	
4 Rock, Melinda Megan	McGill U.	2.92m	

## Women Long Jump University

Name	Year	Team	Finals	Points
1 Tam, Jen		Queen's U.	5.16m	
2 Zintel, Lauren		Queen's U.	5.12m	
3 Elmore, Katherine		McGill U.	5.10m	
4 Simulik, Mila	90	Ottawa Lions	4.99m	
5 Beaudin, Stephanie	90	Ottawa Lions	4.74m	
6 Battiston, Alana		McGill U.	4.55m	
7 McCurdy, Heather		McGill U.	4.53m	
8 Joannou, Christine		Queen's U.	4.38m	
9 Whyte Potter-Mal, Majent		McGill U.	4.35m	

## Women Triple Jump University

Name	Year	Team	Finals	Points
1 McCurdy, Heather		McGill U.	11.10m	
2 Simulik, Mila	90	Ottawa Lions	10.94m	
3 Black, Shannon	87	Ottawa Lions	8.96m	

## Women Shot Put University

Implement weight: 4kg				
Name	Year	Team	Finals	Points
1 Bilodeau, Dominique	79	Ottawa Lions	12.75m	
2 van Dodewaard, Caitlin	89	Ottawa Lions	12.44m	
3 Fortin, Veronique	78	Ottawa Lions	11.28m	
4 Sharpe, Danielle		McGill U.	9.81m	
5 Pitson, Lesley		Queen's U.	8.86m	

## Women Weight Throw University

Implement weight: 20lbs				
Name	Year	Team	Finals	Points
1 Eshleman, Bri		Queen's U.	12.99m	
2 Rock, Melinda Megan		McGill U.	12.61m	
3 Dirico, Tiffany	80	Independant	12.31m	
4 Sharpe, Danielle		McGill U.	9.85m	

## Men 200 Meter Dash Blind

Name	Year	Team	Finals	Points
1 Dunkerley, Jon	90	Ottawa Lions	26.40	

## Men 60 Meter Dash Under 16

Name	Year	Team	Prelims
Preliminaries			
1 Steinkrauss, Brandon	93	Ottawa Lions	8.59q
2 Petruk, Billy	95	Ottawa Lions	8.80q
3 Elchakieh, Ryan	94	Ottawa Lions	9.20q
4 Ward, Austin	96	Cornwall L.C.	10.29q

## Men 60 Meter Dash Under 16

Name	Year	Team	Finals	Points
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 Finals

1	Steinkrauss, Brandon	93	Ottawa Lions	8.59
2	Petruk, Billy	95	Ottawa Lions	8.80
3	Elchakieh, Ryan	94	Ottawa Lions	9.20
4	Ward, Austin	96	Cornwall L.C.	10.29

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 Men 200 Meter Dash Under 16
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Name	Year	Team	Finals	H#	Points
1	Steinkrauss, Brandon	93	Ottawa Lions	27.63	2
2	Petruk, Billy	95	Ottawa Lions	28.77	2
3	Elchakieh, Ryan	94	Ottawa Lions	29.59	1
4	Bird, Taylor	95	Cornwall L.C.	30.49	2
5	Ward, Austin	96	Cornwall L.C.	35.83	1

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 Men 400 Meter Dash Under 16
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Name	Year	Team	Finals	H#	Points
1	Bowes, Jedidiah	93	Perth D.C.I.	1:01.90	2
2	Petruk, Billy	95	Ottawa Lions	1:10.19	1
3	Bird, Taylor	95	Cornwall L.C.	1:13.93	2
4	Vatne, Ole-Petter Askim	96	Ottawa Lions	1:18.41	1
5	Ward, Austin	96	Cornwall L.C.	1:23.94	2

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 Men 800 Meter Run Under 16
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Name	Year	Team	Finals	Points
1	Moses, Isaiah	93	Ottawa Lions	2:13.62
2	Glennon, Nicholas	93	Ottawa Lions	2:23.29
3	Palamar, Adam	94	Ottawa Lions	2:26.70
4	O'Neill-Dee, Connor	95	Ottawa Lions	2:47.52
5	Vatne, Ole-Petter Askim	96	Ottawa Lions	2:53.67

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 Men 1500 Meter Run Under 16
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Name	Year	Team	Finals	Points
1	Glennon, Nicholas	93	Ottawa Lions	4:56.69
2	Richards, Taylor	93	Ottawa Lions	5:01.49
3	Palamar, Adam	94	Ottawa Lions	5:02.99
4	Cameron, Jacob	93	Cornwall L.C.	5:10.92

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 Men 3000 Meter Run Under 16
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Name	Year	Team	Finals	Points
1	Cameron, Jacob	93	Cornwall L.C.	10:59.12

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 Men Triple Jump Under 16
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Name	Year	Team	Finals	Points
1	Bowes, Jedidiah	93	Perth D.C.I.	10.72m

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 Men Shot Put Under 16
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Implement weight: 4kg

Name	Year	Team	Finals	Points
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1 Gobeil, Jeremie	93 Petite-Nation	10.04m
2 Elchakieh, Ryan	94 Ottawa Lions	8.09m

## Men 60 Meter Dash Under 18

Name	Year Team	Prelims	H#
Preliminaries			
1 Makinde, Oluwasegun	91 Ottawa Lions	7.26q	2
2 Cave, Gordon	91 Ottawa Lions	7.36q	1
3 Hall, Ramaar	92 Ottawa Lions	7.37q	1
4 Smithers, Cameron	91 Ottawa Lions	7.57q	2
5 Chou, Steve	92 Ottawa Lions	7.65q	2
6 Wilson, Dustin	91 Ottawa Lions	7.69q	1
7 Adas, Amer	92 Ottawa Lions	7.73	2
8 Okeny, Brian	92 Ottawa Lions	7.81	1
9 Lalande, Pierre	92 Esp Louis-Riel	8.22	2

## Men 60 Meter Dash Under 18

Name	Year Team	Finals	Points
Finals			
1 Makinde, Oluwasegun	91 Ottawa Lions	7.19	
2 Cave, Gordon	91 Ottawa Lions	7.24	
3 Hall, Ramaar	92 Ottawa Lions	7.34	
4 Smithers, Cameron	91 Ottawa Lions	7.64	
5 Chou, Steve	92 Ottawa Lions	7.65	
6 Wilson, Dustin	91 Ottawa Lions	7.66	

## Men 200 Meter Dash Under 18

Name	Year Team	Finals	H#	Points
1 Makinde, Oluwasegun	91 Ottawa Lions	22.36	2	
2 Smithers, Cameron	91 Ottawa Lions	24.05	2	
3 Fiset, Alexandre	91 Zenith	24.92	2	
4 Adas, Amer	92 Ottawa Lions	25.36	1	
5 Chou, Steve	92 Ottawa Lions	25.86	1	
6 Lalande, Pierre	92 Esp Louis-Riel	26.82	1	
-- Cave, Gordon	91 Ottawa Lions	DQ	2	

## Men 400 Meter Dash Under 18

Name	Year Team	Finals	Points
1 Smithers, Cameron	91 Ottawa Lions	53.33	
2 Bell, Spencer	91 Ottawa Lions	53.91	
3 Simard, David	91 Zenith	54.12	

## Men 800 Meter Run Under 18

Name	Year Team	Finals	Points
1 Loney, Tyson	91 Ottawa Lions	2:05.22	
2 Bergeron, Scott	91 Ottawa Lions	2:05.45	
3 Gunn-Doerge, Benjamin	92 Ottawa Lions	2:10.44	
4 Cappuccino, Thai	91 Ottawa Lions	2:12.21	
5 Galley, Chris	92 Ottawa Lions	2:12.32	
6 Milliken, Samuel	92 Ottawa Lions	2:16.48	
7 Leroux, Adam	92 Brockville Leg.	2:17.81	
8 Viau, Pierre	92 Ottawa Lions	2:22.01	

## Men 1500 Meter Run Under 18

Name	Year	Team	Finals	Points
1 Thomas, Nick	92	Brockville Leg.	4:25.95	
2 Loney, Tyson	91	Ottawa Lions	4:29.96	
3 Jaspers-Fayer, Sam	92	Independant	4:31.21	
4 Bergeron, Scott	91	Ottawa Lions	4:33.24	
5 Wynands, John	92	Brockville Leg.	4:33.97	
6 Milliken, Samuel	92	Ottawa Lions	4:41.18	
7 Gunn-Doerge, Benjamin	92	Ottawa Lions	4:41.56	
8 Cappuccino, Thai	91	Ottawa Lions	4:42.21	
9 Simpson, Colin	92	Cornwall L.C.	4:47.38	
10 Viau, Pierre	92	Ottawa Lions	4:47.49	

## Men 3000 Meter Run Under 18

Name	Year	Team	Finals	Points
1 Wynands, John	92	Brockville Leg.	10:37.59	
2 Simpson, Colin	92	Cornwall L.C.	10:48.70	

## Men 60 Meter Hurdles Under 18

Name	Year	Team	Finals	Points
1 Bell, Spencer	91	Ottawa Lions	8.88	

## Men High Jump Under 18

Name	Year	Team	Finals	Points
1 Vaillancourt-Veilleu, Ka	92	Ottawa Lions	1.65m	
2 Nolan, Matt	92	Ottawa Lions	1.60m	

## Men Long Jump Under 18

Name	Year	Team	Finals	Points
1 Hall, Ramaar	92	Ottawa Lions	6.08m	
2 Nolan, Matt	92	Ottawa Lions	5.99m	
3 Okeny, Brian	92	Ottawa Lions	5.76m	
4 Wilson, Dustin	91	Ottawa Lions	5.63m	
5 Chou, Steve	92	Ottawa Lions	5.32m	
-- Smith, Quintin	91	Perth D.C.I.	FOUL	

## Men Triple Jump Under 18

Name	Year	Team	Finals	Points
1 Vaillancourt-Veilleu, Ka	92	Ottawa Lions	12.53m	
2 Smith, Quintin	91	Perth D.C.I.	11.39m	

## Men Shot Put Under 18

Implement weight: 5kg				
Name	Year	Team	Finals	Points
1 Vaillancourt-Veilleu, Ka	92	Ottawa Lions	13.09m	

## Men 60 Meter Dash University

Name	Year	Team	Prelims	H#
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 Preliminaries

1	Sissoko, Moussa	85	Ottawa Lions	6.97Q	3
2	Holness, Balarama	83	Uottawa	7.13Q	1
3	Risling, Tony	89	Uottawa	7.14Q	2
4	Desulme, Christian	90	Ottawa Lions	7.04q	3
5	Monsour, Ramon	90	Ottawa Lions	7.14q	1
6	Rehel, Wesley	82	McGill Olympic	7.18q	2
7	Sarfati, David		McGill U.	7.20q	1
8	Archibald, Andrew		McGill U.	7.26q	2
9	Batt, Jeremy	89	Ottawa Lions	7.27q	2
10	Mangalindan, Miguel		McGill U.	7.31q	3
11	Despres-Bedward, Antoine	87	Uottawa	7.32q	1
12	Leblanc, Eric	90	Cornwall L.C.	7.45q	3
13	Ferrarelli, Michael		Queen's U.	7.57	1
14	Weatherhead, Chris	89	Uottawa	7.75	1
15	Weatherhead, Michael	89	Uottawa	7.91	2
16	Charbonneau, Marc		West Island T.C.	8.27	3
--	Vikou, Roland	86	Ottawa Lions	DQ	2

 =====  
 Men 60 Meter Dash University
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Name	Year	Team	Finals	H#	Points	
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Finals						
1		Sissoko, Moussa	85	Ottawa Lions	6.95	2
2		Desulme, Christian	90	Ottawa Lions	7.07	2
3		Holness, Balarama	83	Uottawa	7.12	2
4		Risling, Tony	89	Uottawa	7.13	2
5		Monsour, Ramon	90	Ottawa Lions	7.15	2
6		Rehel, Wesley	82	McGill Olympic	7.19	2
7		Batt, Jeremy	89	Ottawa Lions	7.25	1
8		Despres-Bedward, Antoine	87	Uottawa	7.32	1
9		Archibald, Andrew		McGill U.	7.38	1
10		Sarfati, David		McGill U.	7.42	1

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 Men 300 Meter Dash University
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Name	Year	Team	Finals	H#	Points	
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1		Sissoko, Moussa	85	Ottawa Lions	33.75	2
2		Cummings, Brian	86	Uottawa	34.76	2
3		Holness, Balarama	83	Uottawa	35.00	3
4		Komenan, Valery		Univ. Sherbrooke	35.03	1
5		Paquet, Olivier	89	Zenith	35.11	1
6		Monsour, Ramon	90	Ottawa Lions	35.38	7
7		Prime, Mikey		Queen's U.	35.64	4
8		Desulme, Christian	90	Ottawa Lions	35.65	3
9		Batt, Jeremy	89	Ottawa Lions	35.72	7
10		Alva, Alex		Univ. Sherbrooke	36.02	4
11		Heller, Adrian		Queen's U.	36.03	5
12		Morrison, Russell		Queen's U.	36.18	6
13		Vikou, Roland	86	Ottawa Lions	36.48	5
14		Williams, Lawrence	70	Ottawa Lions	36.72	6
15		Frenke, Gord		Queen's U.	36.87	8
16		Nightingale, Tyler		Queen's U.	37.03	8
17		Campigotto, Adam		Queen's U.	37.68	6
18		Ferrarelli, Michael		Queen's U.	38.83	5
19		Weatherhead, Chris	89	Uottawa	39.31	4
20		Leblanc, Eric	90	Cornwall L.C.	39.43	3
21		Weatherhead, Michael	89	Uottawa	40.03	1
22		Charbonneau, Marc		West Island T.C.	41.48	2

## Men 600 Meter Run University

Name	Year	Team	Finals	Points
1 Gravel, Benjamin		Univ. Sherbrooke	1:21.18	
2 Roberts, Andrew		McGill U.	1:21.39	
3 Taillon, Marc-Philippe	87	Uottawa	1:22.73	
4 Bateson, Blair		McGill U.	1:23.84	
5 Kennedy, Aidan	90	Ottawa Lions	1:25.51	
6 Arnold, Mike		Queen's U.	1:26.61	
7 Fournier, Matthew	74	Ottawa Lions	1:27.31	
8 Paine, Noel	75	Cism	1:34.13	

## Men 1000 Meter Run University

Name	Year	Team	Finals	Points
1 Douglas, Stephen		McGill U.	2:29.38	
2 Hall, Justin		Queen's U.	2:29.44	
3 Douglas, Ken		McGill U.	2:32.04	
4 Patterson, Clay	89	Independant	2:33.31	
5 Lalonde, Michael	84	Uottawa	2:36.68	
6 MacDonald, Iain		McGill U.	2:40.02	
7 Dore, Mathieu	86	Uottawa	2:40.28	
8 Gauler, Marc		McGill U.	2:41.01	
9 De Bruijn, Berry	66	Ottawa Lions	2:43.15	
10 Desjardins, Jason	87	Uottawa	2:46.64	
11 Britton, Billy	90	Ottawa Lions	2:53.20	
12 Rogowy, Joey	90	Ottawa Lions	2:57.98	
13 Evershed, David Michael	90	Ottawa Lions	3:08.61	

## Men 1500 Meter Run University

Name	Year	Team	Finals	Points
1 Milks, Kyle	90	Ottawa Lions	3:58.42	
2 Orth, Antony		McGill U.	3:58.84	
3 Desormeaux, Kyle	80	Ottawa Lions	4:00.53	
4 Hall, Justin		Queen's U.	4:02.13	
5 Brennan, Kevin	87	Uottawa	4:04.99	
6 Young, James		McGill U.	4:08.12	
7 Volpi, Matthew	86	Ottawa Lions	4:08.83	
8 Quinn, Pete	65	Independant	4:09.99	
9 Johnson, Scott		Queen's U.	4:10.77	
10 Kerlake, Gordon	85	Uottawa	4:11.13	
11 Vezina, Yanick	70	LA Foulee	4:25.31	
12 Wheeler, Phil	89	Ottawa Lions	4:27.84	
13 Paine, Noel	75	Cism	4:37.48	
14 Britton, Billy	90	Ottawa Lions	4:48.10	
15 Rogowy, Joey	90	Ottawa Lions	4:49.25	

## Men 3000 Meter Run University

Name	Year	Team	Finals	Points
1 McCracken, James		Queen's U.	9:22.46	
2 Ruddy, Jon	85	Ottawa Lions	9:24.48	
3 Lalonde, Patrick	87	Uottawa	9:30.45	
4 Vezina, Yanick	70	LA Foulee	9:32.65	
5 Mahler, Luc	87	Uottawa	9:47.79	
6 Matthewman, Joshua	88	Uottawa	9:56.31	
7 Rousseau, Philippe	83	Uottawa	9:58.18	

## Men 5000 Meter Run University

Name	Year Team	Finals	Points
1 Smith, Andrew	Brook M. Project	14:27.07	
2 McInnes, Matt	Brook M. Project	14:39.38	
3 Caldwell, Trevor	Brook M. Project	14:48.99	
4 Mosley, Richard	Brook M. Project	14:54.32	
5 Fyfe, Iain	88 McGill Olympic	15:11.85	
6 Manley, Jeff	Canadian Forces	15:56.37	
7 Stacey, Matthew	81 Ottawa Lions	16:18.79	
8 Stephenson, Jamie	73 Ottawa Lions	16:55.40	
9 Woulfe, John	62 Ottawa Lions	18:20.27	
10 Malboeuf, Gilles	53 Ottawa Lions	20:18.73	
11 Tremblay, Roger	55 Ottawa Lions	21:32.36	
-- Gosselin, James	Brook M. Project	DNF	

## Men 60 Meter Hurdles University

Name	Year Team	Prelims	H#
Preliminaries			
1 Fawcett, Tyler	88 Uottawa	8.57q	2
2 Pearson, Stuart	89 Ottawa Lions	8.83q	1
3 Wilson, Brian	Queen's U.	9.01q	2
4 Gauthier-Kwan, Olivier	89 Uottawa	9.12q	1
5 Liu, Dong	McGill U.	9.43q	1
6 Frenke, Gord	Queen's U.	9.48q	2

## Men 60 Meter Hurdles University

Name	Year Team	Finals	Points
Finals			
1 Fawcett, Tyler	88 Uottawa	8.48	
2 Wilson, Brian	Queen's U.	8.91	
3 Pearson, Stuart	89 Ottawa Lions	8.92	
4 Liu, Dong	McGill U.	9.08	
5 Gauthier-Kwan, Olivier	89 Uottawa	9.16	
6 Frenke, Gord	Queen's U.	9.19	

## Men 4x200 Meter Relay University

Team	Finals	Points
1 University of Ottawa 'A'	1:30.45	
1) Pyper, Todd 87	2) Risling, Tony 89	
3) Fawcett, Tyler 88	4) Despres-Bedward, Antoine 87	
2 Ottawa Lions T&F Club 'A'	1:31.57	

## Men 4x400 Meter Relay University

Team	Finals	Points
1 Queen's University 'A'	3:30.08	

## Men 4x800 Meter Relay University

Team	Finals	Points
1 University of Ottawa 'A'	7:59.51	
1) Brennan, Kevin 87	2) Harrietha, Andrew 88	
3) Taillon, Marc-Philippe 87	4) Lalonde, Michael 84	

2 Ottawa Lions T&amp;F Club 'A'

8:21.32

## Men High Jump University

Name	Year Team	Finals	Points
1 Esch, Keith	McGill U.	1.95m	
2 Nishiyama, Kurtis	Queen's U.	1.85m	
3 Liu, Dong	McGill U.	1.65m	

## Men Pole Vault University

Name	Year Team	Finals	Points
1 Saikaley, Mark	62 Ottawa Lions	3.40m	
2 Weatherhead, Michael	89 Uottawa	J3.40m	
-- Weatherhead, Chris	89 Uottawa	NH	
-- Allen, Lyndon	83 Montreal-Int'L	NH	

## Men Long Jump University

Name	Year Team	Finals	Points
1 Gauthier-Kwan, Olivier	89 Uottawa	6.56m	
2 Archibald, Andrew	McGill U.	6.44m	
3 Esch, Keith	McGill U.	6.23m	
4 Mangalindan, Miguel	McGill U.	5.78m	

## Men Shot Put University

Implement weight: 7.27kg			
Name	Year Team	Finals	Points
1 Nedow, Timothy	90 Ottawa Lions	14.51m	
2 Van Geffen, Pim	Queen's U.	11.84m	

## Men Weight Throw University

Implement weight: 35lbs			
Name	Year Team	Finals	Points
1 Muller, Emil	35 Corsaire	15.98m	Master's weight...
2 Rowat, Ryan	81 Ottawa Lions	12.01m	
3 Ken, Ting	Queen's U.	11.42m	
4 Findlay, James	61 Throwers Club	9.71m	