

# 2007-08

## CROSS COUNTRY

### CIS Championships

Saturday, Nov. 10, 2007 at Beacon Hill Park, hosted by U Victoria

(CW medals awarded based on CIS order of finish)

#### Men's Team Standings (10K)

(with ranking, school, total points and points by each athlete)

1 Guelph 59 (4 7 10 17 21 47)	<b>7 Victoria 154 (12 20 23 36 63 68) (3<sup>rd</sup> CW)</b>
2 Windsor 79 (5 8 9 28 29 37 57)	8 Dalhousie 165 (11 14 40 44 56 75 79)
3 Sherbrooke 111 (1 16 19 32 43 45 48)	9 Western 185 (15 22 46 49 53 58 73)
<b>4 Calgary 147 (6 26 31 33 51 61 66) (1<sup>st</sup> CW)</b>	10 Laval 217 (25 27 41 59 65)
5 Queen's 151 (13 18 30 35 55 67 78)	11 St. FX 261 (3 60 62 64 72 74 77)
<b>6 Manitoba 153 (2 24 38 39 50 52 54) (2<sup>nd</sup> CW)</b>	<b>12 Alberta 286 (34 42 69 70 71 76) (4<sup>th</sup> CW)</b>

#### 2007-08 CIS Individual Awards

Athlete of the Year	Alex Genest, Sherbrooke
Rookie of the Year	Peter Corrigan, Dalhousie
Coach of the Year	Dave Scott-Thomas, Guelph
Community Service Award	Matt Mazurik, Saskatchewan

#### Women's Team Standings (5K)

1 Guelph 57 (1 7 8 10 31 41 43)	<b>8 Alberta 189 (2 23 50 56 58 68 82) (3<sup>rd</sup> CW)</b>
<b>2 Calgary 96 (6 15 16 26 33 62 79) (1<sup>st</sup> CW)</b>	9 Dalhousie 199 (30 34 37 47 51 52 85)
3 St. FX 101 (4 14 18 19 46 61 66)	<b>10 Saskatchewan 242 (21 28 29 76 88 89 94) (4<sup>th</sup> CW)</b>
4 Windsor 145 (12 13 17 38 65 74 81)	11 McGill 259 (24 40 55 57 83 90 95)
5 Western 147 (3 22 36 42 44 60 93)	12 McMaster 278 (11 39 69 75 84 87 91)
<b>6 Victoria 156 (9 20 25 49 53 54 72) (2<sup>nd</sup> CW)</b>	13 Sherbrooke 313 (35 59 64 77 78)
7 Queen's 180 (5 27 32 45 71 73 86)	<b>14 Manitoba 328 (48 63 67 70 80 92 96) (5<sup>th</sup> CW)</b>

#### 2007-08 CIS Individual Awards

Athlete of the Year	Lindsay Carson, Guelph
Rookie of the Year	Lindsay Carson, Guelph
Coach of the Year	Dave Scott-Thomas, Guelph
Community Service Award	Caroline McInnes, Dalhousie

#### 2007-08 Canada West Awards

##### Men

Athlete of the Year	Kristjan Hunter, Manitoba
Rookie of the Year	Desire Budigoma, Manitoba
Coach of the Year	Doug Lamont, Calgary
Community Service Award	Matt Mazurik, Saskatchewan

##### Women

Athlete of the Year	Paula Findlay, Alberta
Rookie of the Year	Paula Findlay, Alberta
Coach of the Year	Doug Lamont, Calgary
Community Service Award	Jodi Souter, Saskatchewan