			Final/Finale			
2019 Rencontre Ouverte Martlet Open						
Samedi, 30 Novembre/Saturday November 30						
Horaire/Schedule						
	Events/Epreuves	**Sex**	**Notes**	**Athletes**	**Sections**	Comments
9:00	Weight Throw/Marteau	F/M		6 + 3		
11:00	Long Jump/Saut en Longueur	M	Open/Ouvert	13		
11:00	Pole Vault/Saut a la Perche	M	Starting height: 2.20m	9		
11:00	60m	F	Open/Ouvert	45	6	
11:20	60m	M	Open/Ouvert	80	10	
11:50	60mh	M	Masters/Veteran	3	1	
12:00	60mh	F	Jun/Sen	2 + 6	2	No final
12:15	60mh	M	Jun/Sen	7	1	No final
12:20	60m	F	Final B&A	8 + 8	2	
12:28	60m	M	Final B&A	8 + 8	2	
12:40	Track Break/Pause					
13:00	Long Jump/Saut en Longueur	F		22		
13:15	High Jump/Saut en Hauteur	F		7		
13:30	Shot/Poids	F/M	(toutes catégories)	9 + 8		
13:30	300m	F		40	8	No lane 1
14:00	300m	M		47	10	No lane 1
14:00	Pole Vault/Saut a la Perche		Starting height: 3.50m	10		
14:30	High Jump/Saut en Hauteur	M		18		
14:30	1000m	F		19	2	
14:40	1000m	M		33	3	
14:55	400m	F	Masters/Veteran		1	Special Event
15:00	3000m	F		17	2	
15:30	Triple Jump/Triple Saut	F/M		7 + 5		
15:30	3000m	M		22	2	
15:55	600m	F		4	1	
16:00	600m	M		13	2	
16:10	1500m	F		4	1	
16:18	1500m	M		6	1	
16:25	4x200m	F		2	1	
16:35	4x200m	M		5	1	
Results: www.mcgilltrack.com						